



THE PERMAH WELLBEING SURVEY CERTIFICATION

Provide reliable and actionable insights on workplace wellbeing

Backed by science, immediately actionable, and taking less than five minutes to complete, The PERMAH Wellbeing Survey is used by people all over the world to reliably and confidentially measure their wellbeing. Originally created by Drs. Peggy Kern and Michelle McQuaid, the survey provides organizations with a personalized report that assesses a de-identified, aggregated view of their people's:

- States of wellbeing (levels of thriving and struggle)
- Wellbeing AMPlifiers (levels of wellbeing ability, motivation, and psychological safety)
- Individual, team, and organizational PERMAH factors (levels of positive emotion, engagement, relationships, meaning, accomplishment, and health)
- Organizational wellbeing nutrients (levels of diversity and inclusion, belonging, competence, autonomy, resources, and physical safety)
- Workplace outcomes (engagement, satisfaction, and performance)

[CLICK HERE FOR A SAMPLE ORGANIZATIONAL REPORT](#)

While the organizational reports are easy to understand, leaders often want to talk to a wellbeing expert to dive deeper into their findings. As a result, hundreds of organizational debriefs have been provided to workplaces all over the world. If you'd like to be able to safely and confidently provide this service to your clients then this certification is for you.

CERTIFICATION OVERVIEW

The PERMAH Wellbeing Survey Certification gives you the knowledge, tools, and support you need to help teams and organizations make sense of their survey results in ways that are intelligent and actionable and do no harm. You'll learn:

- **The surprising truths about organizational wellbeing** and how to help people practically apply Professor Martin Seligman's PERMAH wellbeing framework through a systems lens of me (individual), we (team), and us (organizational) to surface practical insights and actions.
- **How to quickly create a psychologically safe learning space for sharing**, and why the outcomes of an organization's survey results are not what will make the biggest difference when it comes to caring for wellbeing across their workplace.
- **How to confidently interpret and debrief the survey** and how to help leaders reflect on their organizational results in ways that spark meaningful and sustainable action.

HOW THE CERTIFICATION WORKS

The certification has been carefully designed to give you the teaching, tools, coaching, and support you need to pass your final assessment.

REQUIREMENT	CONTENT
PRE-WORK - Online 6 Hours Self-Managed Online (unless previously completed)	<ul style="list-style-type: none">Watch, listen to, or read the PERMAH Training Series (6 x 60 minute modules) and complete the PERMAH Quiz.
DAY 1 - 4 Hours Live Class AEST - Tuesday 24th May 7am - 11am PDT - Monday 23rd May 2pm - 6pm EDT - Monday 23rd May 5pm - 9pm BST - Monday 23rd May 10pm - 2am	The Surprising Truths About Measuring Organizational Wellbeing <ul style="list-style-type: none">The science that shaped The PERMAH Wellbeing Survey.The reliability and validity of the organizational measures.The limitations and cautions, and how we keep learning.The ethical considerations in workplaces.
DAY 2 - 3 Hours Live Class Each Day AEST - Wednesday 25th May 7am - 10am PDT - Tuesday 24th May 2 pm - 5pm EDT - Tuesday 24th May 5pm - 8pm BST - Tuesday 24th May 10pm - 1am	Debriefing The PERMAH Wellbeing Survey <ul style="list-style-type: none">How The PERMAH Wellbeing Survey for organizations works in practical terms.Watching a live organizational survey debrief unfold.Experimenting with debriefs (you will have 2 x 45-minute opportunities to practice debriefing a classmate).Debrief feedback and questions.
DAY 3 - 3 Hours Live Class Each Day AEST - Thursday 26th May 7am - 10am PDT - Wednesday 25th May 2 pm - 5pm EDT - Wednesday 25th May 5pm - 8pm BST - Wednesday 25th May 10pm - 1am	
FINAL ASSESSMENT 2 Hours Live At Time Of Your Choosing	Your PERMAH Wellbeing Survey Assessment <ul style="list-style-type: none">Complete 2 x 45-minute debriefs for assessment.

YOU'LL COME AWAY WITH:



A certification to provide PERMAH Wellbeing Survey debriefs.



A listing on our preferred list of PERMAH Wellbeing Survey debriefers.



Inside knowledge of the questions, calculations, and research behind the survey.



An organizational debrief guide to support your efforts.



Membership in our Wellbeing Lab Learning community.

PRICING:

Certification \$2,495 AUD / \$1,838 USD

Annual certification renewal \$299 AUD / \$220 USD

Ready to take the next step? **Talk with our friendly team to plan your certification today.**